

Tahiti S. Choudhury

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EDUCATION:

- **University of North Carolina at Chapel Hill (UNC-Chapel Hill)** Chapel Hill, NC Graduation: 05/2018
BSN in Nursing
- **North Carolina State University (NCSU)** Raleigh, NC Graduation: 12/2013
BS in Biology

CLINICAL NURSING EXPERIENCE:

Peking Union Medical College- Summer Internship Beijing, China 05/2017-06/2017

- Consulted day to day operation with the team members
- Collaborated and learned about Traditional Chinese Medicine
- Worked with specialized population
- Completed rotations at the Labor and Delivery Unit, Pediatric Unit, Geriatric Unit, ED, International Medicine Ward, and Traditional Chinese Medicine Unit
- Observed distinctive medical practices in China
- Shared and learned different medical techniques with the Chinese healthcare providers

UNC Chapel Hill Hospital- Psychiatric Mental Health Clinic Chapel Hill, NC 01/2017-4/2017

- Evaluated and assessed patients' physical and mental status and reported unusual behavior
- Provided crisis interventions
- Individualized care plan for each patient
- Observed and influenced patients' behavior, communicated and interacted with them and taught and counseled them
- Advised patients on different coping mechanisms
- Utilized EPIC

Rex-Women's Center-Labor & Delivery Hospital Raleigh, NC 01/2017-Current

- Conducted Head to toe assessment on newborn, infants, and mothers
- Educated new mothers on pharmacological and nonpharmacological ways to handle pain at home
- Performed postpartum assessment on mothers and babies
- Formalized and provided discharge teaching to patients and their family
- Operated and used EPIC on daily basis
- Evaluated high risk patients and proposed treatment plans
- Maintained complete and detailed records of patient's health care plans and progress.
- Screened newborn for abnormalities

Rex-Medical Surgical Unit Raleigh, NC 09/2016-12/2016

- Administered prescribed medications (oral, IV, IM, Sublingual, Topical, Subcutaneous)
- Performed head to toe assessment on Geriatric Patients
- Performed complex wound care
- Assessed patient needs, plan or modify care and implement interventions
- Teach patients about medication, diet, and the signs and symptoms of their disease
- Inform medical professionals regarding patients' condition and care to achieve optimum patient care
- Ensured and promoted a safe working environment
- EPIC
- Assisted patients with bathing, dressing, maintaining personal hygiene and took vitals

WORK EXPERIENCE:

Mentor at the Boys and Girls Club Raleigh, NC 01/2010-Current

- Started as a volunteer then became an employee
- Mentor and tutor kids age ranging from 6-14 years old
- Create activities for students
- Provide a safe environment for at risk kids

Greenhouse and Laboratory Research Assistant: BASF

Durham, NC

06/2014-04/2016

- Conducted experimental research on various crops and analyzed data
- Oversaw and managed multiple experiments and projects related to fungicide
- Evaluated efficiency of crop protection materials
- Operated diverse analytical equipment
- Maintained research project pipeline
- Used a state of the art spray chamber to treat plants, conducting greenhouse and growth chamber tests
- Recorded and processed data
- Reported data and ongoing research to team members
- Lab experience- Microscope skills, pipetting experience and handling hazardous chemicals

Raleigh Fellows Intern: North Carolina State University

Raleigh, NC

12/2011- 08/2013

- Managed events for more than 2000 students and coordinated meetings for Raleigh Fellows students at NCSU
- Collaborated with 5 other college's Liaison and interns to implement RF program at NC State and other colleges'
- Worked with students one on one to provide them with appropriate services
- Organized and prioritized events, oversaw major projects, maintained files in databases, and organized clubs
- Coordinated major events for more than 2000 North Carolina students
- Created weekly newsletter to keep students informed regarding current programs and job opportunities

Assistant Manager: Olive Green Restaurant

Raleigh, NC

07/2010 - 12/2010

- Managed the restaurant, supervised and trained employees and oversaw consumer's needs.
- Ensured the highest food services standards were met and maintained
- Supervised 4 crew members
- Responsible for organizing, filing and keeping records of accounts
- Kept detailed record of budget
- Opened and closed the restaurant.

LANGUAGE PROFICIENCIES AND TRAVEL:

- Native in English and Bengali. Semi Fluent in Hindi and Urdu
- Traveled extensively to other countries

SKILLS:

- Electronic Medical Record-EPIC
- Basic Life Support Certification
- Microsoft Office: Excel, Word, and PowerPoint
- Research experience

LEADERSHIP AND INVOLVEMENT:

- Service Chair for the Minority Nursing Student Association
- Student Mentor for the Minority Nursing Student Association
- Mentor at the Boys and Girls Club
- Former President of the Pre-Nursing Club at NC State
- Former President of the PA Club at NC State
- Former Treasure for CARE at NC State